



Symbols: HHH - CNSX
HHHEF - OTCQB

Vancouver, BC, March 18, 2013. High 5 Ventures Inc. (the “Company” or “High 5”). The Company has granted a total of 130,000 incentive stock options (“Options”) to a consultant exercisable at a price of \$0.20 per common share expiring on March 18, 2016. These Options have been reserved for issuance pursuant to the Company’s 2004 Stock Option Plan. Any shares issued pursuant to the exercise of the Options will be subject to a hold period expiring on July 19, 2013.

For more information on the Company, please contact us at (604) 681-1519. In addition, please visit the Company’s website at www.high5venturesinc.com or the CNSX’s website at the following direct link http://www.cnsx.ca/Page.asp?PageID=2013&AA_RecordID=222.

On Behalf of the Board,

High 5 Ventures Inc.

“*Jacob H. Kalpakian*”

Jacob H. Kalpakian
Vice President

The CNSX has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release.

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